

HealthAid Zimacal (Calcium, Magnesium Zinc, Vit D, Vit K) - Effervescent Tablets

Zimical Effervescent Tablets contain Calcium, Magnesium and Zinc, which are three of the most important minerals that the body needs to help gain and maintain strong bone health. Calcium and Magnesium contribute to the maintenance of strong and healthy bones, whilst zinc is essential for cell division and growth.

Zimacal Effervescent Tablets are specially formulated with Calcium, Magnesium, Zinc and added vitamin D and vitamin K for optimum absorption and support to help build and strengthen bones & teeth.

Zimacal Effervescent Tablets offer complete bone support in one great tasting citrus flavoured effervescent tablet; making it simple to take and pleasant to taste.

What Are HealthAid Zimacal Effervescent Tablets For?

- Good for the healthy development and maintenance of bones and teeth
- Important in supporting bone health in postmenopausal women
- Beneficial for the maintenance of a healthy heartbeat and normal blood circulation
- Essential for muscle contraction and relaxation

HealthAid Zimacal effervescent tablets may be of benefit to:

- Those who wish to build strong bones and healthy teeth
- Athletes who may experience repeated bone injuries
- Elderly people who may have poor bone health
- Women who are going through either pre or post menopause period
- People who need to regulate muscle contraction, including their heartbeat
- Those on restricted or imbalanced diets with insufficient essential mineral intake

Recommended Daily Intake of HealthAid Zimacal Effervescent Tablets:

Children (1-3years): One tablet daily, to be dissolved in water. Children (4-12years), Adults, Pregnant & Breastfeeding: one tablet 2 times a day, or as advised by a suitably qualified person. Do not exceed recommended daily intake.

**** ASPARTAME FREE**

**** FREE FROM YEAST, GLUTEN, LACTOSE, DAIRY, ARTIFICIAL COLOURS, PRESERVATIVES AND FLAVOURINGS**

**** Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Each HealthAid Zimacal Effervescent Tablet contains (average):		%NRV
Vitamin D	4µg	80
Vitamin K	30µg	40
Calcium	350mg	44
Magnesium	150mg	40

Zinc	5mg	50
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***: EC Nutrient Reference Value Not Yet Established**

INGREDIENTS FOR ZIMACAL EFFERVESCENT TABLETS:

Citric Acid, Calcium Carbonate, Sodium Bicarbonate, Sorbitol*, Magnesium Oxide, Maize Starch, Citrus Flavour, Acesulfame K, Zinc Citrate, Silicon Dioxide, Cholecalciferol (vitamin D), Phytomenadione (vitamin K). [*with sweetener]